

# Safe Play: Back to the Hardwood

## Minnesota Youth Basketball Alliance

### COVID-19 Competition

#### Safety Requirements and Recommendations



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Revised on 4/22/2021

#### Requirements

#### Recommendations/Guidance

#### FACILITIES

- **Please follow [COVID-19 Preparedness Plan Guidance: Requirements for Indoor Seated Venues](#)**
- Areas must be defined by distinct separation, having their own entry/exit.
- Whenever possible, everyone should enter and exit through separate designated areas.
- Identify all Essential and Non-Essential Staff roles to ensure comprehensive COVID-19 plan can be followed.
- All participants (players, coaches, officials, staff, spectators, and game personnel) will be required to wear face coverings.
- **Masks/face coverings must be worn by all persons at all times, including practices and games (see MYBA/MYAS).**
- If consecutive competitions between different teams are taking place in the same facility, the scorer's table and every seat in the team bench area should be cleaned and sanitized.
- Concessions are discouraged at this time in an effort to minimize opportunities for crowding.

- If 12 feet cannot be maintained between the participants in the game (athletes, coaches, student managers, timekeepers) and the spectators, participants must be included in the total capacity count.
- Leave some open court space in the facility to make it easier for spectators to practice social distancing from others.
- Operator should have hand sanitizer and disinfectant available throughout the venue.
- As a general rule, follow the guidelines outlined by the hosting facility in terms of capacity and other social distancing measures.
- Additional signage will be necessary to identify spectator flow, seating areas, entrances, and exits.

#### ARRIVING AND LEAVING THE FACILITY

- **All attendees must, whenever possible, maintain six feet of distance from anyone outside their household.**
- Participants must enter and exit the facility in a timely fashion and not congregate outside or inside facility. Following competition, participants must leave the facility immediately.
- Establish staggered entrance and exit protocols.
- Team meetings are strictly prohibited inside the facility.

- No carpooling to and from games to reduce close contact risks.
- Hand washing or hand sanitizing is strongly recommended when arriving at and leaving the venue.
- Host should consider staggering game start times or clearing out the facility after each set of games.

#### COMPETITION

- **On-court competition will remain the same.**
- No handshake lines after games; this will be replaced with a Sportsmanship Salute.
- Game ball sanitized before, during, and at the completion of each game.
- Each team is responsible for bringing hand sanitizing products.
- Any bench personnel must wear face coverings.
- Huddles during pre-game, halftime, and timeouts must be properly distanced.
- Each team must sanitize the bench area before, during, and after each game.
- Bench seating must allow for social distancing to take place.

- Hand sanitizing is strongly recommended before, during, and after all games.
- When contact takes place during a game, players and officials should resume physical distancing as soon as possible following a play.

#### COACHES & TEAM MANAGER

- **Repeatedly remind players not to touch their faces.**
- Maximum of three coaches and team manager allowed on or near the bench for each team.
- Must conduct a daily symptom assessment and stay home if experiencing symptoms.
- No touch rule – coaches must refrain from high fives, handshake line, and any other physical contact with fellow coaches, opposing coaches, players, referees, and spectators.
- Coaches must wear masks/face coverings at all times.
- Coaches should track and manage all rostered players and spectators present at competition (s) for contact tracing.

- Each team is responsible for bringing hand sanitizing products. Using sanitizer before, during, and after competition is strongly recommended.
- Work with game officials and tournament personnel on compliance of mask mandate and other required COVID protocols
- Coaches are strongly recommended to test weekly for COVID-19

Be a Good Teammate!

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##### ATHLETES

- **Outside of your game-time, you must maintain six feet distance, whenever possible, from any person outside of your household.**
- No sharing of food, drinks/water bottles, or towels.
- Players must refrain from high fives, handshake line, and (outside of game-play) any other physical contact with teammates, opposing players, coaches, referees, and spectators.
- Athletes must wear masks/face coverings **at all times**.

- Whenever possible, equipment (including balls, pads, etc.), and personal items should have proper sanitation and should not be shared. If equipment must be shared, proper sanitation should be administered between users.
- Hand sanitizing is strongly recommended when you come off the floor during games.
- Athletes are strongly recommended to test weekly for COVID-19

##### PARENTS/ SPECTATORS

- Spectators must not have access to youth athletes, coaches, game officials, or event staff. They must also be restricted to areas outside of the competition area.
- Masks/face coverings must be worn indoors **at all times**.
- Limited spectators are allowed inside the facility and may only enter with advanced reservation/ticketing through organizers.
- If allowed, spectators must conduct a daily symptom assessment and stay home if experiencing symptoms.

- If spectators and participants can be clearly separated by at least 12 feet, then participants do not need to be included in the total capacity count (see MDH Guidance).
- Hand washing or hand sanitizing is strongly recommended during the games.
- Parents/Spectators are strongly recommended to test weekly for COVID-19

##### OFFICIALS & GAME PERSONNEL

- **All officials & game personnel must maintain six feet distance, whenever possible, from other persons.**
- Conduct a daily symptom assessment and stay home if experiencing symptoms. Organizers/Officials' Assignor must track and manage all officials present for contact tracing.
- Must avoid exchanging documents or equipment with any other person.
- No touch rule – referees must refrain from physical contact with coaches, players, and spectators.
- Officials & game personnel must wear masks/face coverings **at all times**.

- Electronic whistles and whistle covers are permissible.
- Officials may wear gloves including medical non latex work gloves and gloves designed specifically for officiating.
- Hand washing or hand sanitizing is strongly recommended during the games.
- Officials are strongly recommended to test weekly for COVID-19

##### COMMUNICATION AND CONFIRMED CASES

- Each team must keep an accurate log of their rostered players, spectators, and opponents, including opposing coaches' contact information. In the case of someone being infected, this document will be necessary for MDH to perform contact tracing.
- MYBA member association COVID Compliance Managers are strongly encouraged to submit their association data into the #COVID19 Data Tracker (MYBA portal) every 14 days.
- Organizers must post these guidelines at their facilities, where applicable, and disseminate them to all coaches, officials, players, and parents.
- Organizers must contact the MDH about any suspected case of COVID-19 or known exposure.

- These requirements/recommendations must be communicated to all organizers for dissemination to coaches, officials, and parents, and posted at facilities.
- Facility operators should post signage promoting physical distancing, including directing foot traffic and outlining spectator areas.
- Organizers should regularly communicate to their coaches, referees, players, and parents that they should stay home if/when they are experiencing any symptoms.

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## Screening Assessment

### Symptoms & Screening Assessment

- Do you have temperature of 99.5 (F) or higher?
- Do you have a new or worsening cough today?
- Do you have any of these other symptoms?
  - ◊ Shortness of breath or difficulty breathing
  - ◊ Fatigue
  - ◊ Muscle or body aches
  - ◊ Headache
  - ◊ New loss of taste or smell
  - ◊ Sore throat
  - ◊ Congestion or runny nose
  - ◊ Nausea or vomiting
  - ◊ Diarrhea

USCAH COVID Care Package (COVID Education & *GameDay* Ready App) is recommended for all competition in order to verify completion of daily screening assessment and to maintain accurate attendance.

# STAY SAFE MN

### MDH Guidance

- [MDH COVID-19 Organized Sports Practice and Games Guidance for Youth Sports as of 4/22/2021](#)
- [COVID-19 Preparedness Plan Guidance: Requirements for Indoor Seated Venues](#)
- [COVID-19 Testing for Minnesota Organized Sports Participants as of 4/22/2021](#)
- [Quarantine Guidance for COVID-19](#)
- [Venue Occupancy Calculator](#)
- [RedCap Case Reporting: COVID-19 Case Reporting Form](#)
- E-Mail Address: [health.Sports.covid19@state.mn.us](mailto:health.Sports.covid19@state.mn.us)

### Minnesota Youth Basketball Alliance

[MYBA COVID Care Toolbox](#)

Anonymous Compliance Reporting:  
[mybacompliance@myas.org](mailto:mybacompliance@myas.org)

### CDC Guidance

[COVID-19 Playing Sports](#)

## Requirements/Recommendations

- Conduct a screening assessment prior to arriving at the facility.
- If you answered "Yes" to having any of the symptoms listed, you **must** stay home.
- All participants (including athletes, coaches, officials, volunteers, etc.) are strongly encouraged to participate in weekly COVID-19 testing.

### When to start and end quarantine when exposed to a lab-confirmed case of COVID-19

People who have been in **close contact** with someone who has COVID-19, excluding people who have had COVID-19 within the past 3 months.

People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to 3 months as long as they do not develop symptoms again. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

### What counts as **close contact**?

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person
- You shared eating or drinking utensils
- They sneezed, coughed or somehow got respiratory droplets on you



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