

# MYBA Checklist: A Framework for Return to Sport from COVID-19



*These checklists are developed by USCAH and the MYAS to assist the MYBA strategy, planning, and implementation of return sport policies and procedures following COVID-19.*

## Category 1: Development of Policies and Programming

- Create an Association COVID-19 Action Team
  - Connect with and adhere to local, state, and federal guidelines
  - Collaborate with Risk Management and Legal Staff for policy development
  - Partner with experts to create association specific requirements
  - Review and Incorporate best practices by governing bodies
  - Identify a COVID Compliance Manager (CCM)
  
- Develop and Implement appropriate policies and procedures for safety
  - Social Distancing policies
  - Testing and Monitor protocols
  - Contact Tracing Plan
  - Criteria for Quarantine and Isolation
  - Return to participation
  - Healthcare Personnel protocols and policies
  
- MYBA COVID-19 Return to Participation Policies - Operations - Procedures Manual
  - General COVID-19 information
  - Game and Tournament Operation requirements

## Category 2: Education and Training

- Identify education and training for:
  - Athletes
  - Coaches
  - Parents
  - Officials
  - Event Staff
  
- Ensure the education incorporates the following:
  - Education applied consistently to all groups
  - Plan for education is transparent to all groups
  - Assessment following education
  - Attestation following education for confirmation of understanding

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## Category 2: Education and Training (cont'd)

- Train association participants for return to participation
- Identify, implement, and monitor safety measures at each facility
  - Equipment Maintenance
  - Resources for Proper Hygiene
  - Disinfectant and Sanitization Plan
  - Access and Entrance to Facilities
- Daily Screening/Attendance Tracker Options
  - Listed below are some tools to help your association with health screenings, tracking attendance and managing your association in an efficient way:
  - [USCAH COVID Care Package Education and GameDay Ready App](#)  
**Recommended by the MYAS**
    - ◇ From specialized COVID-19 education and a Game Day Ready App, to tailored support & consultation from USCAH experts, USCAH is dedicated to providing customized solutions to youth sports associations
    - ◇ The Game Day Ready App provides your association the ability to screen every individual involved in your association with daily screening at your fingertips
    - ◇ Game Day Ready - A simple measure aimed at ensuring staff, coaches and athletes are safe and healthy
    - ◇ With the touch of a button, an administrator can ensure all participants have completed the assessment and are cleared for daily activities and events
    - ◇ Daily attendance tracker
    - ◇ Reduced pricing for MYBA Member Associations
  - Sports Engine Education and Screening App
  - Team Snap Education and Screening App
  - League Athletics App

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## Category 3: Facility Preparation and Management

- Work with school district/facility representatives for return to participation
- Identify, implement, and monitor safety measures at each facility
  - Equipment Maintenance
  - Resources for Proper Hygiene
  - Disinfectant and Sanitization Plan
  - Access and Entrance to Facilities

## Category 4: Training, Practice, Game, and Tournament Modifications

- Ensure all of the following components are considered when returning to campus:
  - Risk Mitigation Plans
  - Compliance to Social Distancing, Personal and Group Hygiene strategies
  - Following of established Isolation/Quarantine procedures
  - PPE Requirements
- Game and Tournament Protocols to Implement
- Admissions
- Team Roster and Waiver
- Entering and Exiting

## Category 5: Compliance

- Create Compliance Requirements
- Create MYBA Attestation Document
- Create MYBA compliance recognition program
- Identify Compliance and Non-Compliance Structure
  - Tiered review structure - Warning, Suspension, Removal
  - Individuals
  - Associations
- Develop and implement Anonymous Reporting process

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## Category 6: Create and Sustain Cultural Change

- Seek unconditional buy-in from MYBA associations
- Provide and sustain continuing education for MYBA member associations
- Health and Safety Continuing Education for all MYBA Members
  - MYAS/MYBA is committed to Continuing Education for the remainder of the 2020-2021 season and beyond.
  - The MYAS is based on an educational foundation and is dedicated to providing information that is relevant to MYBA members and will continue to provide timely content that will reduce your time and burden.
    - ◇ Webinar updates by relevant and pertinent industry leaders
    - ◇ COVID Safety Shorts by M Health Fairview and USCAH
    - ◇ Written content, updates and timely information
    - ◇ Updated FAQ's
    - ◇ Continued commitment to holding MYBA Mini-Summits the rest of this season and into the off-season
  - The MYAS has an obligation to inform our partners and the parent-volunteer youth basketball associations with the most up to date best practices, related to COVID safety and overall operations.
  - Providing a safe, positive and productive environment for all Minnesota's youth athletes is our top priority.
  - Remember, one of our goals as an organization is to link regional volunteer youth sports programs with others statewide.

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For additional information and programming to ensure your organization is prepared for a return to sport collaborate with USCAH and the MYBA.

Contact MYAS or USCAH at [info@uscah.com](mailto:info@uscah.com) or visit the website at [myas.org](http://myas.org) or [uscah.com](http://uscah.com)

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