



2009 MYAS GOPHER STATE WRESTLING CHAMPIONSHIPS



BRINGING TOGETHER THE BEST OF THE MIDWEST

SPONSORED BY: J ROBINSON WRESTLING CAMPS



Revised 1/5/09

- Date:** February 7, 2009: Grades 3 & 4, 5 & 6
February 8, 2009: Grades Pre-K & K, 1 & 2, 7 & 8
Note: Wrestlers are allowed to enter only one grade and weight class per day.
- Format:** Wrestlers from any state are eligible
Open registration; double elimination; random pairings
- Location:** Monticello High School Field House
5225 School Blvd; Monticello, MN 55362
- Weigh-ins:** **From 7:30-9:00am on the day you wrestle**
- **We will not re-bracket or refund wrestlers who do not make their declared weight.**
 - All participants must weigh-in and go through a skin check to be cleared to wrestle. If a wrestler has any type of skin rash, they must present a letter from a doctor or physician. The letter must state that the affliction is not in the contagious phase. Persons conducting the skin checks will make final determinations.
 - Parents will not be allowed at weigh-ins.
 - A test scale will be on-site.
 - Limit weight-loss activities to running, spitting, and bathroom prior to final weigh-in. All other weight-cutting activities are prohibited.
 - Each wrestler has one step on the final weigh-in with no weight allowance. Singlet or t-shirt and shorts must be worn at this time.
- Start Times:** Wrestling will begin at 10:00am (subject to change).
Wrestling may take up to 7 hours to be completed.
Mat assignments will be posted at www.myas.org.
- Entry Fee:** \$20 per wrestler (**pre-registration is MANDATORY**)
No additional membership/card fee
Refunds will not be issued after the entry deadline - no exceptions.
- Entry Deadline:** Must be received by 3:00pm on Monday, January 26, 2009.
Limited to first 700 registered wrestlers per day (**pre-registration is MANDATORY**).
- Late Entries:** Late entries may be accepted if there is room in the bracket and we do not exceed the predetermined limit for the weight class and total for the day. More information and openings will be posted at www.myas.org. The MYAS reserves the right to accept and/or refuse any registrations after the initial entry deadline.
- How to Register:** Option 1: Mail the completed entry form and fee to the MYAS office.
Option 2: Register online at www.myas.org and pay with a credit card.
There is a \$2 per wrestler convenience fee to utilize the online registration service.

Confirmation: You can confirm your registration by going to www.myas.org. All registered wrestlers will be posted as entries are received.

Weight Classes: Wrestlers must weigh at or less than the weight selected. **No Weight Allowance.**
Subject to Change

Pre-K & K: 38, 41, 44, 47, 50, 54, 60, 70
1st & 2nd grade: 42, 45, 48, 50, 52, 54, 56, 58, 60, 63, 66, 70, 75, 80, 90, 120
3rd & 4th grade: 50, 54, 58, 60, 62, 64, 66, 68, 70, 73, 76, 80, 85, 90, 95, 105, 115, 125, 155
5th & 6th grade: 60, 65, 70, 74, 78, 82, 86, 90, 95, 100, 105, 112, 120, 130, 140, 155, 205
7th & 8th grade: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 175, 225

Grades/Weights: Wrestlers must weigh at or less than the weight selected. For example, a 6th grader who weighs 67 lbs. should register for the 70 lb. weight class.
Weight classes are determined by grade and weight.
We will not re-bracket or refund wrestlers who do not make their declared weight.
Wrestlers are allowed to enter only one grade division and weight class per day.

Change Weight: Registered wrestlers can change their weight until the entry deadline by contacting Jeremy Innes at jeremy@myas.org or 763-746-1720.

Brackets: 4 & 5-person round robin; 8-person bracket; 16-person bracket; 32-person bracket
Grades Pre-K & K and 1 & 2 will have a maximum of 16 wrestlers per bracket
Grades 3 & 4, 5 & 6 and 7 & 8 will have a maximum of 32 wrestlers per bracket
Groups with more than the maximum amount of wrestlers will be split by grade and/or ability. To do so, we will use the information provided on the entry forms.

Divisions: Explanation of A, B and C divisions (this is a general guide):
A - Wrestlers who usually win open tournaments and/or place at state level tournaments
B - Wrestlers who usually finish second or third at open tournaments
C - Wrestlers who usually finish fourth at open tournaments

Timing Factors: Three 1-minute periods for grades Pre-K & K, 1 & 2, 3 & 4, 5 & 6
Three 1.5-minute periods for grades 7 & 8

Surfaces: Grades Pre K & K and 1 & 2: Quarter mats
Grades 3 & 4 and 5 & 6: Half mats
Grades 7 & 8: Full mats

Rules: This event will be conducted according to the rules as outlined by the MSHSL. This applies to wrestling techniques as well as conduct, attire and decorum on the mat. The complete MYAS Gopher State rules can be found at www.myas.org.
Only one coach/person allowed mat side.
Calls made by the officials are final. Protests will not be accepted.

Officials: High School Certified

Uniforms: Singlets and headgear are required; laces must be taped.

Awards: 1st-6th places will receive an award.

Please Enclose: **1. Completed entry form and fee**
2. Proof of grade. You will be required to provide proof of grade at weigh-ins if it is not mailed with entry form. We will accept a report card, student ID, or school letterhead signed by a school administrator.

Insurance: If a wrestler currently has their own medical/accident insurance, there will be no additional card or insurance fees required to participate in the MYAS Gopher State wrestling program. Contact the MYAS if you are in need of insurance.

Hotel Info: Holiday Inn Elk River- 11 miles from Monticello HS
9200 Quaday Ave NE, Elk River, MN 55330
Contact: Jayme Bluhm
763-656-4400 or jbluhm@hiekriver.com
Room Block: Gopher State Wrestling
\$120 per night includes 4 water park passes

Overflow hotel info can be found at www.myas.org

Water Park Highlights

- 30,000 square feet
- 3 Slides
- Lazy River
- Log Walk
- Vortex Pool
- Hot Tub

Sponsor: J Robinson Wrestling Camps
www.jrobinsoncamps.com or (612) 349-6585

Photos: Varsity Photos will be onsite taking action and podium pictures. The pictures and other products will be available for purchase onsite and at www.varsityphotos.com.

Communications: Communications will be done via email and the MYAS website, www.myas.org.
Please provide an email address on your entry form.

Note: All information provided in this entry packet is subject to change.

Information: Website: www.myas.org
Email: jeremy@myas.org
Phone: 763-746 1720



2009 MYAS GOPHER STATE CHAMPIONSHIPS

Individual Entry Form

Participant's Name _____ Club _____

Address _____ City _____

State/Zip _____ E-Mail _____

H Phone (_____) _____ W Phone (_____) _____

(Parent/guardian work number here)

Gender (circle one): Male Female Date of Birth: ____ / ____ / ____

Parent/Guardian Signature*: _____

For MYAS Use Only		
Entry Fee	Grade Doc	Waiver
		X

Current Grade _____	Weight Class _____
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7th & 8th grade: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 175, 225

Published weights are the upper limit of each weight class.
We will not re-bracket or refund wrestlers who do not make their declared weight.

WRESTLING ABILITY

Rank your ability (circle one): (strong) A B C (weak)

List estimated 2008-09 win/loss record and other relevant information: _____

REGISTRATION

Entry Fee: **\$20.00 per athlete**

Entry Deadline: 3:00pm on Monday, January 26, 2009. **Pre-registration is mandatory. No exceptions.**

Please make checks payable to "MYAS" and mail your entry fee with the completed entry form to:

MYAS * 4111 CENTRAL AVENUE NE, SUITE 208 * COLUMBIA HEIGHTS, MN 55421

Please Note: The MYAS uses CheckMate verification and recovery services. If your check is returned, the maximum penalty will be assessed according to Minnesota state law.

INSURANCE/WAIVER

*In completing and signing this entry form, I verify that the athlete listed above is eligible to compete in the 2009 MYAS Gopher State wrestling program. Upon your acceptance of this entry form, I, my heirs, executors and administrators, intending to be legally bound hereby, waive and release any and all rights I may have against the Minnesota Youth Athletic Services, the Host Organization and their representatives from any and all injuries suffered by the coaches and/or athletes at the specified event. I will also abide by the MYAS Code of Conduct. I understand the athlete listed above needs to have medical insurance to participate in the 2009 MYAS Gopher State wrestling program.