

# 2010-11 MYAS Gopher State Winter Basketball Rules and Regulations

Except where modified, National Federation of State High School Associations rules will govern play.

## 1) **Timing Factors**

**Game Length:** Two 14-minute stop time halves

**Half Time:** A minimum of three minutes and a maximum of five minutes

**Time Outs:** Each team is awarded three one-minute time outs per game, with one additional time out for each overtime period. Unused time outs do not carry over to the overtime period(s).

**Overtime Period(s):** The first overtime period will be two-minute stop time. The second overtime period (if necessary) will be sudden death - first team who scores a point wins.

**Warm-up Time:** A minimum of three minutes will be allowed for warming up.

**Running Time:** With 7 minutes remaining in the second half, if a team is ahead by 20 points or more, the remainder of the game will be played under running time. Should the deficit be cut to 10 points or less, the game will resume to stop-time. After a timeout, the clock will start when the ball is touched by any player who is inbounds.

- 2) The home team is responsible for providing an official scorer for the game. The official scorer must sit at the scorer's table and must use the official score sheet provided for the game. The home team is determined by a coin toss at the beginning of each game.
- 3) Teams must have five players to start a game. A five-minute grace period from the scheduled start time will be allowed before a forfeit is declared.
- 4) If a three-point line exists, it will be used in all grades.
- 5) Jersey tops must be of similar color and it is preferred that they are numbered on the front **and** back. Teams are strongly encouraged to bring two sets of jerseys (i.e. **white** and dark) if available.
- 6) Each roster will be limited to a maximum of 12 players.
- 7) Unsportsmanlike conduct by players, coaches, parents or fans will not be tolerated and will be penalized accordingly.
- 8) Bonus shots will be awarded on the seventh team foul and the double bonus will be shot on the tenth team foul per half. Technical foul (two shots) must be shot by a player on the offended team.
- 9) A team may not full court press if they are ahead by 20 points or more at any time during the game.
- 10) **Inclement Weather:** If hazardous weather conditions exist, please visit [www.myas.org](http://www.myas.org) for a weather related message. You may also call the MYAS weather hotline at 763-746-1720. If your game is not canceled and you do not show up for your scheduled game, you will incur a forfeit.

# GAME EQUIPMENT AND PROCEDURES

## Players

Players must be enrolled in the grade in which they are participating. However, it is permissible to play up. For example, a 7th grader may play on an 8th grade team, but an 8th grader may not play on a 7th grade team. Boys must play on boys' teams and girls must play on girls' teams.

## Team Composition

Teams must be comprised by a bona fide traveling or in-house basketball association or school. No All-Star and renegade teams will be permitted to play. The tournament protest committee will rule on any protest regarding team composition. The complete MYAS Traveling Basketball Guidelines can be found at [www.myas.org](http://www.myas.org).

## Team Rosters

Teams are strongly encouraged to complete the online roster using the **Coaches Control Center** on the MYAS website ([www.myas.org](http://www.myas.org)). If you choose not to complete the online roster, there is a hard copy roster that can be printed off of the MYAS website. Teams must submit a copy of their roster at team check-in. The roster onsite is the official roster. The signed Code of Conduct must accompany the roster.

## Basketballs

The 4th-6th grade boys' teams and all girls teams will use the best available women's size (28.5) basketball, and 7th-12th grade boys teams will use the official men's size basketball. The referee will select the best ball available for each game. If you are in need of basketballs, contact Buddy Hemric at the MYAS office at (763) 781-2220 ext. 1717.

## Uniforms

Jersey tops must be of similar color and it is recommended that they are numbered on the front and back. It is recommended that numbers be at least four inches high and be any combination of 0 or 00, 1-5, 10-15, 20-25, 30-35, 40-45 and 50-55. Teams should always bring their light and dark colored jerseys.

## Equipment

The MYAS has adopted the rules and regulations of the NFHS that pertain to legal and illegal equipment. Please refer to the National Federation of High Schools Basketball rule book for clarification. If you have any specific equipment issues, please contact our office **PRIOR** to your participation. Some of the more common questions asked relate to earrings, casts, headbands, wrist bands and various medical devices.

## First Aid

Each team is required to provide their own first aid supplies, water bottles, tape, etc. Each host is required to provide an on-site trainer.

## Ejection Policy

Any coach, player or spectator ejected from a contest will be disqualified from participation **in that game and the next game**. They will be allowed to participate after their disqualification has expired. However, if the ejection was due to "flagrant unsportsmanlike conduct" they will be **disqualified for the remainder of the event**. Examples of "flagrant unsportsmanlike conduct" include but are not limited to cheating, fighting, repeated abuse of the officials, threats to the officials, use of profane language, etc.

## Forfeit Policy

Any team forfeiting a game will incur a \$100 fine for each forfeited game. Forfeiting a game will also place a team on probation. Forfeiting a game on any subsequent play date will result in a \$100 fine and immediate suspension from further MYAS participation for all coaches and players associated with that team. Please show up for your games!

## MYAS Refund Policy

- If a team drops out of an event prior to the entry deadline, a full refund will be issued.
- Teams dropping out of an event after the entry deadline will NOT receive a refund.
- If an event should have to be cancelled due to unforeseen circumstances (i.e. weather, loss of electricity, etc.) a prorated portion of your entry fee will be returned based on the number of games played.
- If an event is cancelled, with no games played, due to any of the above reasons, teams can elect a 75% refund of their entry fee or have 100% of their entry fee applied to a future MYAS event.